



Palmer Hall Chapel

Sunday, February 8, 2026 at 9 a.m. ☩ The Fifth Sunday after the Epiphany

Holy Eucharist: Rite Two

St. Stephen's Episcopal Church ☩ Richmond, Virginia

Welcome to the Palmer Hall service

We are delighted you are here. Wherever you might be on your faith journey, we hope your experience here will strengthen and affirm you. We are sure that your presence among us today strengthens others, and we welcome you to join in everything that St. Stephen's offers. Every Sunday, we offer several different services of worship (at 8, 9 and 11:15 a.m., and 5:30 and 8 p.m.), each with its own character. At 9 a.m., two services are happening simultaneously—one in the main church, and this one which takes place in Palmer Hall Chapel.

The Palmer Hall service for some feels especially welcoming to families, particularly those with babies and children. Both of the 9 a.m. services—this one, and the one in the main church—include important roles for children, and people of all ages are welcome at any service. In Palmer Hall, our worship space includes a “soft space.” This is an area with a rug, floor cushions, and children's books where children can move a bit more freely and comfortably than they can in rows of seating. Please accompany your child to the soft space if and when they want to visit it; this helps us ensure the safety and comfort of our whole community.

Both of the 9 a.m. services include Holy Eucharist. All are welcome at the altar in this place. To receive Communion, place your hands together, palms up. You may consume the bread and then drink from the wine in the larger chalice. If you prefer to intinct, touching the edge of the bread to the wine, please use one of the smaller cups. Gluten-free wafers are available upon request. If you prefer to receive a blessing, cross your arms on the front of your chest. Children who have been baptized are welcome to receive communion. The important thing is that you know God welcomes you and that this church welcomes you. Please come back often.

Prelude

Welcome

The Word of God

Opening Hymn

Christ is light

Sung by all, standing, several times.

from Sing With Joy



Opening Prayer

Deacon Arise, shine, for the Light of God has come!

People **The glory of God shines over all.**

Deacon From the rising of the sun until its setting,

People **Your name is great, O God!**

The Collect of the Day

Prayer Book, page 216

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray. *Silence is kept.*

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The First Lesson Isaiah 58:1-12

Reader A reading from the Prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalms 112:1-10

Said responsively by whole verse, seated.

Prayer Book, page 755

1 Hallelujah!

Happy are they who fear the Lord *
and have great delight in his commandments!

**2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed.**

3 Wealth and riches will be in their house, *
and their righteousness will last for ever.

**4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.**

5 It is good for them to be generous in lending *
and to manage their affairs with justice.

**6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance.**

7 They will not be afraid of any evil rumors; *
their heart is right;
they put their trust in the Lord.

8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.

9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor.

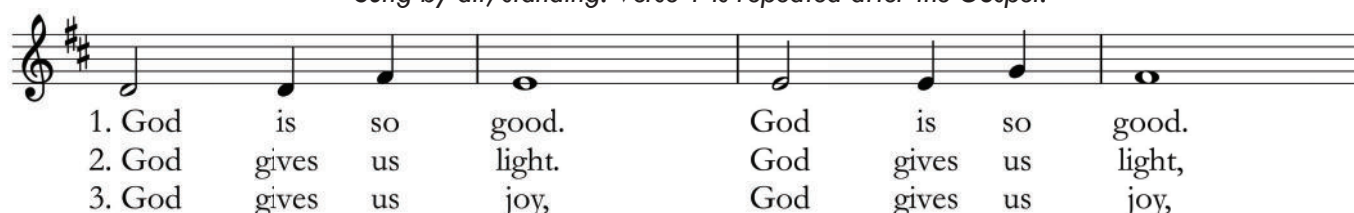
10 The wicked will see it and be angry;
they will gnash their teeth and pine away; *
the desires of the wicked will perish.

The Gospel Song


God is so good (vs. 1–3)

from *Sing With Joy*

Sung by all, standing. Verse 1 is repeated after the Gospel.



1. God is so good. God is so good.
2. God gives us light. God gives us light,
3. God gives us joy, God gives us joy,



God is so good. God's so good to me.
God gives us light, God's so good to me.
God gives us joy, God's so good to me.

The Gospel Matthew 5:13-20

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Reader The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Wondering The Rev. Cate Anthony

The children are invited to gather on the center rug.

The Creed *Said by all, standing.*

I believe in God above,
I believe in Jesus' love.
I believe God's Spirit too,
comes to tell me what to do.

I believe that I can be
kind and good,
dear Lord, like thee.

The Prayers of the People, Form III *Please remain standing.*

Prayer Book, page 387

Celebrant Let us pray for the church and the world.

Please remain standing. The Leader and the People pray responsively.

Leader Father, we pray for your holy Catholic Church;

People **That we all may be one.**

Leader Grant that every member of the Church may truly and humbly serve you;

People **That your Name may be glorified by all people.**

Leader We pray for all bishops, priests, and deacons;

People **That they may be faithful ministers of your Word and Sacraments.**

Leader We pray for all who govern and hold authority in the nations of the world;

People **That there may be justice and peace on the earth.**

Leader Give us grace to do your will in all that we undertake;

People **That our works may find favor in your sight.**

Leader We remember those who suffer in all places of conflict at home and abroad, including those people and places we name now, silently or aloud: _____. Have compassion on those who suffer from any grief or trouble.

People **That they may be delivered from their distress.**

Leader We pray for those who have died [especially ____]. Give to the departed eternal rest.

People **Let light perpetual shine upon them.**

Leader We praise you for your saints who have entered into joy;

People **May we also come to share in your heavenly kingdom.**

Leader [We pray/give thanks for ____.] Let us pray for our own needs and those of others.

The People may add their own petitions.

Celebrant Almighty God, to whom our needs are known before we ask, help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. **Amen.**

Birthday Blessing

Prayer Book, page 830

All **O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace and strengthen their trust in your goodness all the days of their lives, through Jesus Christ our Lord. Amen.**

The Peace

Prayer Book, page 360

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord.

Announcements

The Holy Communion



Offertory Sentence

Ascribe to the Lord the honor due his name; bring offerings and come into his courts.

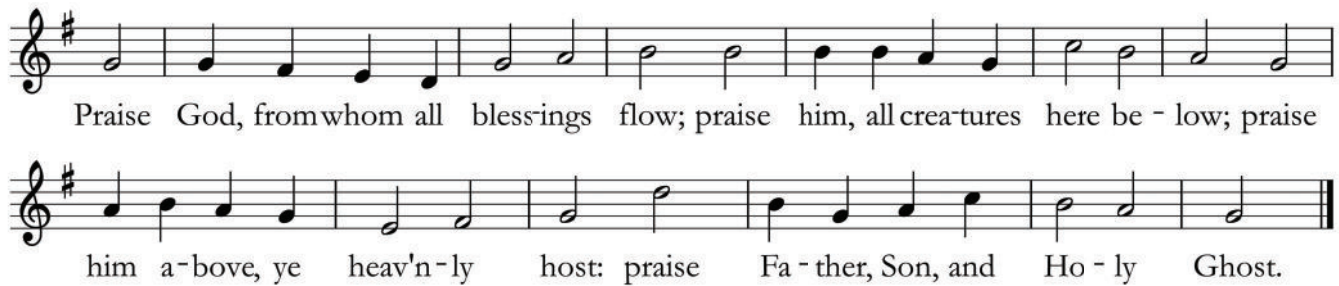
All comes from God, so from what God has given, we offer gifts as we participate in God's work in the world. You may offer your gift online (use the QR code, or text STSTEPHENS RVA to 73256), or in the offering plates as they come by.

Offertory Music

At the Presentation

Sung by all, standing.

Old 100th



Praise God, from whom all blessings flow; praise him, all creatures here be - low; praise him a - bove, ye heav'n - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The children are invited to follow the ushers forward to sit on the rug in front of the altar for the Great Thanksgiving.

The Great Thanksgiving

Common Worship, Prayer 2

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

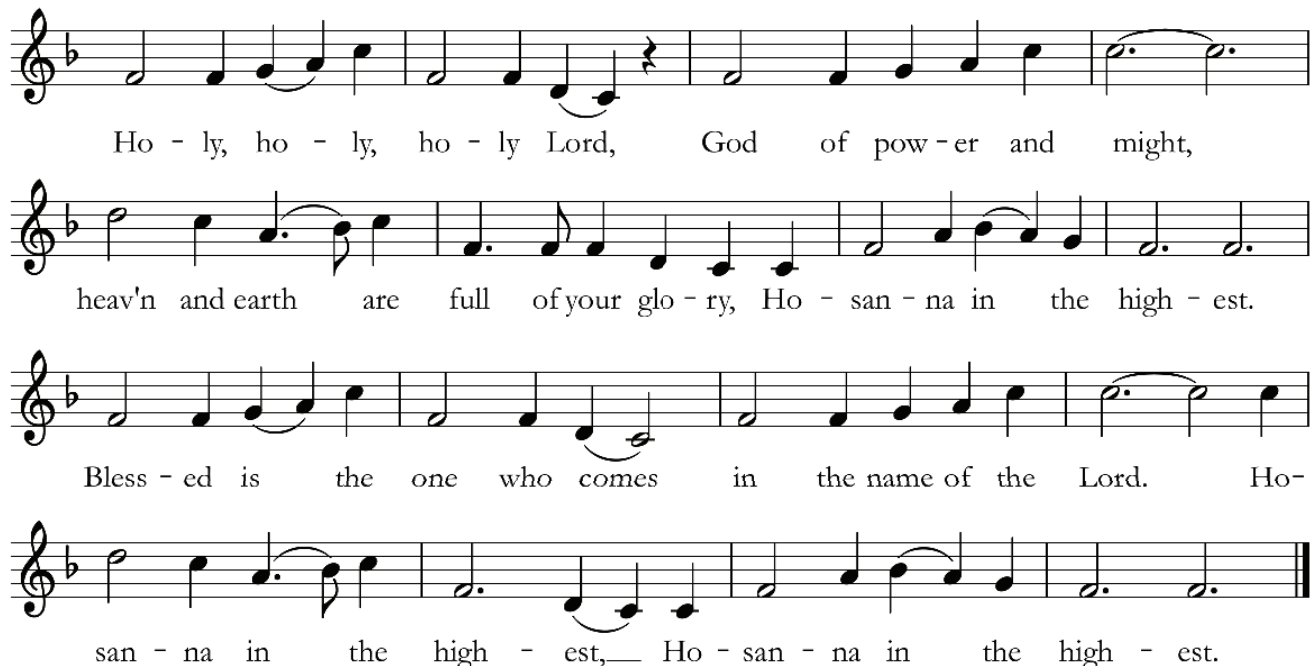
People **It is right to give God thanks and praise.**

Celebrant Lord of all life, you created the universe, where all living things reflect your glory. You give us happy times and things to celebrate. In these we taste your kingdom, a feast for all your children. You made us all, each wonderfully different, to join with the angels and sing your praise:

Sanctus

Sung by all.

Land of Rest



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heav'n and earth are full of your glo - ry, Ho - san - na in the high - est.
Bless - ed is the one who comes in the name of the Lord. Ho -
san - na in the high - est, Ho - san - na in the high - est.

Celebrant

We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's body and his blood.

On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying: "This is my body, given for you. Do this to remember me."

After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying: "This is my blood, poured out for you and for many, for the forgiveness of sins."

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Savior.

Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with blessed Stephen, Mary, Mother of God, and all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People


Prayer Book, page 364

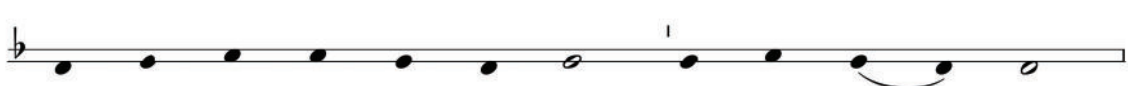
**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated bread. A period of silence is kept.

Mason Martens, S-152

Cantor 
Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;

All 
There - fore let us keep the feast. Al - le - lu - ia.

The Invitation

Celebrant

This is the table, not of the Church, but of the Lord. It is made ready for those who love him and for those who want to love him more. So, come, you who have much faith and you who have little, you who have been here often and you who have not been here long, you who have tried to follow and you who have failed. Come, because it is the Lord who invites you. It is his will that those who want him should meet him here.

At the Communion of the People

Communion will be served at two stations, standing. All are welcome to come forward. To receive Communion, place your hands together, palms up. If you would like a gluten-free wafer, please tell the minister. If you prefer a blessing, please cross your arms on the front of your chest.

After Communion, the Celebrant says

Let us pray. *Please stand*
All **God of glory,**
 you nourish us with your Word
 who is the bread of life:
 fill us with your Holy Spirit
 that through us the light of your glory
 may shine in all the world.
 We ask this in the name of Jesus Christ our Lord. Amen.

The Blessing Song	Go Now in Peace	<i>Sung by all.</i>	Natalie Sleeth
	Go now in peace, go now in peace.		
	May the love of God surround you,		
	everywhere, everywhere you may go.		

Hymn 124, vs. 1-3	What star is this	<i>Sung by all, standing.</i>	<i>Puer nobis</i>
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Dismissal

Prayer Book, page 366

Deacon	Let us go forth in the name of Christ.
People	Thanks be to God.

Postlude



Participants

CELEBRANT: The Rev. Cate Anthony

DEACON: The Rev. Abby Kocher

MUSICIAN: Karen Harris, *piano*

The Parish Prayer List

Loretta Albertis, Leilani Allwine, Patricia Atkins-Smith, Sue Atkinson, Robert Baker, Elizabeth Bannerman, Lash Barksdale, Nancy Beale, Linda Bennett, Christine Boeteger, Emma Bolduc, Genie Borum, Julia Bouck, Gene Bowles, Sturges Brian, Kathy Brock, Leslie Brockman, Alex H. Brown, Pat Brown, Sarah Jo Bryce, Turner Bruneau, Matt Boyd, Patti Bullen, Tammy Carleton, Scott Carnohan, Paula Chambers, Michael Click, Nancy Cole, Sarah Cole, Susan Collier, Mary Cooke, Prior Cooper, Kathy Conrad, John Corey, Tracy Councill, Don Cowles, Michelle Crim, the Rt. Rev. Michael Curry, Debbie Cuseo, Chris Davis, Patricia Delany, Ham DeRosa, Terry Dickinson, Davis Dunn Dillard, Stephen Drake Sr., Debbie Ferguson, Guy Frank, April Greenwood, Janis Hall, Rodger Hardy, Katie Hellebush, Dan Hill, Anna Hurdle, Alan Jamesieson, John Turner Jenkins, Lena Jones, Justin Jones-Nickerson, Jane Kelly, Dana King, Linda Lewis, Genie Lucyk, Margaret Lyle, Pam Lynch, Ross Mackenzie, Barbara Mathison, Adrienne Maxwell, Michael McCabe, Schnucki McCabe, Morgan McCall, Stratton and Robin McCrady, Gertrude McLean, Nancy Meath, Jack Miller, Mary Miller, B. Millner, Susan Minyard, Sallie Moncol, *Susan Moore*, Carolyn Mae Morgan, Lee W. Mumford, Ashley Nickerson, Mary Beth Noel, Sallie Nolte, Jan Orgain, Tricia Payne, Beth Pearce, Ernest Perry, Courtney Phillips, Scott Pittman, Wilde Poole and family, Lyn Presson, Alma Price, John Purcell, Brick Quinn, Luke Robertson, Ramona Ransone, Jennifer Reed, Aleta Richards, Ryan Rohadfox, Kaley Rosenthal, Robert Sass, James Saunders and Harriet Covey, Melissa Schick, T. Logan Scott, Todd Shelton, Bette Shiflett, Chrys Sills, Aiden Thomas Smith, Josh Spain, Regena Stith, Beth Thomas, Margaret Thompson, Brian Trollope, Kenneth Valke, Pam W., Timothy W., Ozzie Wade, Suzanne Wallace, Tom White, Terri Wilcox, Donna Williams, Steve Williams, Martha Wilson, Claire Wood, Emily H. Wood, Rosalyn Wootten, Sue Wootten, Young, Margaret P. Young. **For the blessings of this life**, especially for the birth of *Elizabeth Anne Clites to Maddie and Matthew Clites*. **For those expecting a child**, especially Ian Hayes and Corinne Torres; and Preston and Cate Kendig. **For our missionaries**, Heidi Schmidt and Monica Vega, and the people they serve in Argentina. **In the Anglican Cycle of Prayer**, we pray for *the Hong Kong Sheng Kung Hui*. **For ReWork Richmond**. **For an end to gun violence**. **For peace and reconciliation** in Haiti, Iraq, Iran, Israel/Palestine, Nigeria, North Korea, South Sudan, Syria, and Ukraine, and at our borders. **For those serving overseas in the military or diplomatic service**: CPT Anna Broadbent-Evelyn, Lt. Jonathan Dean Hudson, and Lt. Alex Whitmire.

Names in italics were added to the prayer list this week.

In order to keep our prayer list current and facilitate the intentionality and mindfulness with which we pray, we print names on the list for three months or less. If you would like for someone to remain on the list for more (or less) time, please call the office or email Kitty Ball at kball@ststephensRVA.org.

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